



The P.R.I.D.E. of Fatherhood

<h2>Praise</h2> <p>While kids get excited when they receive gifts, nothing makes them feel as good as when their dad praises them for a job well done. As a dad, you are your kid's first superhero. Your praise boosts their self-esteem, encourages good behavior, and makes both of you feel great.</p>	<p><u>Example:</u></p> <p>"Son, I love how you are sharing and taking turns with your friends."</p>
<h2>Reflection</h2> <p>Reflection is a tool for dads to increase their child's creativity, emotional intelligence, and critical thinking skills. Use reflection by listening to your child and repeating back what they say. This shows your child that dad understands their feelings and ideas.</p>	<p><u>Example:</u></p> <p>Child angrily groans, "I'm mad, this toy isn't working!" Dad reflects by calmly saying, "You're mad because your toy isn't working. If you use your calm words to ask me for help, then I can show you how to work it."</p>
<h2>Imitation</h2> <p>Few people can make a child feel as important as their dad can. When you aren't afraid to get silly and imitate your child during play, your kid will feel like an absolute rock star. Join your child in popping bubble wrap or ask them to teach you their dance moves. This will show them you approve of their playful learning and will also encourage them to imitate you more often.</p>	<p><u>Example:</u></p> <p>"I'm going to pretend to be a superhero just like you!"</p>
<h2>Description</h2> <p>As a dad, you have the power to influence your child's language development and concentration by describing behaviors that you like. Use description by drawing attention to the positive behaviors that you see your child doing.</p>	<p><u>Example:</u></p> <p>"I see that you're putting the Mr. Potato Head away neatly. You put the nose in the box.. and the ears. Now you're cleaning up the hat, the earrings, and the purse."</p>
<h2>Enjoyment</h2> <p>Maintaining a positive outlook on life will be a lot easier for your kids if you've been showing them how to do that for years. Life as a dad can get stressful, but don't forget to live in the moment and have fun with your children. By showing them that you enjoy their company, your kids will see how much you love and value them.</p>	<p><u>Example:</u></p> <p>Pats on the back, laughing, clapping, saying, "I just love spending time with you."</p>

